

Interschool Cross Country 2023

TUESDAY 29 AUGUST



14 August 2023

Dear Parents and Caregivers

Your child would like to represent Warkworth School at the Interschool Cross Country to be held at the Warkworth Showgrounds on **Tuesday 29 August**.

We have made arrangements to travel by bus leaving school at 9:20am and will return by 1:00pm approx. We will need at least 12 parents to assist on the day. Children are expected to stay for the duration of the event to support their peers. The cost to participate will be \$2 (towards transport).

Your child will need:

- Suitable navy/blue shorts & their school T-Shirt to run in
- Running shoes are not compulsory but are recommended (terrain is mud, rough ground and some **metal**)
- **Spare clothes (as it is very wet & muddy)**
- **A waterproof bag to put wet, muddy clothes in**
- Warm school jacket
- Packed lunch
- **Water bottle**

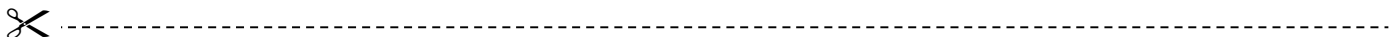
There will be the opportunity to buy refreshments at the event. It has been requested that all children and spectators keep to the A&P area only and stay **off** the rugby fields. Thank you. Spectator parking is available at the rugby clubs.

| Interschool Cross Country Events and Times | | | | | | | | | |
|---|---|--|-----------------|-----------------|----------------------------|--|-----------------|---------------------------|--|
| Good Weather Programme | | Wet Weather Programme | | | | | | | |
| Time | Event | | | | | | | | |
| 10.00am | Welcome. | | | | | | | | |
| 10.15am | <table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td style="text-align: center;">Year 4- 10:15am</td></tr> <tr><td style="text-align: center;">Year 3- 10:40am</td></tr> <tr><td style="text-align: center;">Year 2- 11:05am</td></tr> <tr><td style="text-align: center;">Year 1- 11:25am to 11:45am</td></tr> <tr><td style="text-align: center;">There will be a 20 min break - 11:45am - 12:05pm</td></tr> <tr><td style="text-align: center;">Year 5- 12:05pm</td></tr> <tr><td style="text-align: center;">Year 6- 12:35pm to 1:05pm</td></tr> </table> | Year 4- 10:15am | Year 3- 10:40am | Year 2- 11:05am | Year 1- 11:25am to 11:45am | There will be a 20 min break - 11:45am - 12:05pm | Year 5- 12:05pm | Year 6- 12:35pm to 1:05pm | <p>There will be 6 races only, eg. Y2 Race (boys & girls start together)</p> <p>The races will run, one after the other.</p> <p>We get the races done even if it is a little wet.</p> <p>Younger students can travel back to school early if wet and cold</p> <p>ORDER: Y2-Y1-Y3-Y4-Y5-Y6</p> |
| Year 4- 10:15am | | | | | | | | | |
| Year 3- 10:40am | | | | | | | | | |
| Year 2- 11:05am | | | | | | | | | |
| Year 1- 11:25am to 11:45am | | | | | | | | | |
| There will be a 20 min break - 11:45am - 12:05pm | | | | | | | | | |
| Year 5- 12:05pm | | | | | | | | | |
| Year 6- 12:35pm to 1:05pm | | | | | | | | | |
| 1.05pm at the latest | Pack up and return to schools 1:05pm | Unsure of timing, but should be finished by 11:30am -12:00noon | | | | | | | |
| <p>Please note. These are good weather times. If the weather is very wet and cold, we will push through the races and go home early.</p> | | | | | | | | | |

There are risks associated with involvement in any school EOTC event and these risks cannot be completely eliminated. However, the school has identified any foreseeable risks or hazards and implemented correct management procedures to eliminate or minimise those hazards. The children will be strictly supervised and will have a good understanding of boundaries and rules before we leave school.

Please fill in the permission form below and return to school by Friday 25 August.

Thank you
Nicole Callender, Warkworth School Sport Co-ordinator



INTERSCHOOL CROSS COUNTRY 2023

- I give permission for my child _____, of Class _____, to travel by bus to the Interschool Cross Country being held at the Warkworth Showgrounds on Tuesday, 29 August.
- I understand that if my child chooses to run barefoot, I accept full responsibility for any injuries sustained.
- I am able to assist as a parent helper on the day.
- I have paid \$2 via *Kindo* / internet banking / cash enclosed to cover the costs of this event. <https://www.warkworth.school.nz/payments>

Name: _____ Phone: _____

Signed: _____ (Parent/Caregiver)